Learning Pod Self Reflection

Please answer the following questions in this document in preparation for your initial team meeting. This information will allow your team members to get to know how you work best so that the group can make team agreements that work for all.

What is your preferred mode of remote communication?

What are your communication strengths?

What are your communication weaknesses? Where would you like to grow?

Do you consider yourself an introvert or extrovert?

What time zone are you in?

What time of day do you prefer doing academic work?

When you are upset do you tend to share this with others or keep it to yourself?

What do you like about group work?

What don’t you like about group work?

What else would you like your team to know?